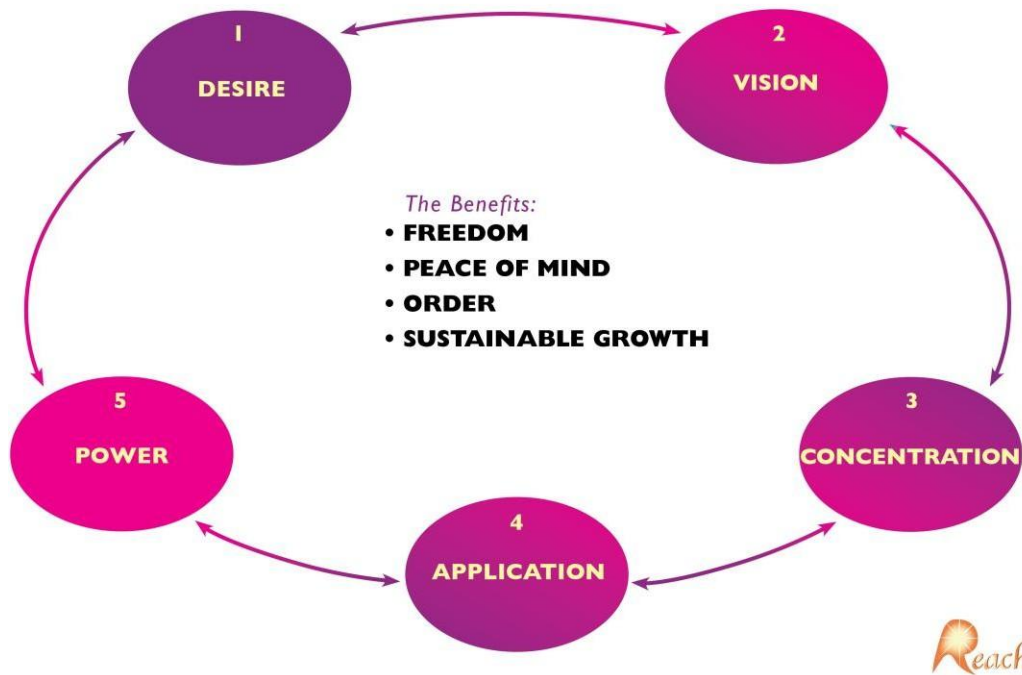


THE DISCIPLINE DILEMMA



1. Desire - in order to create a disciplined mind one has to have the pure desire for wholeness and well-being. A disciplined mind cannot be called into service without this highest ambition.

2. Vision - once the desire is truly in place one needs to know where one is going. Without a clear vision there is nowhere to focus one's efforts, and without clarity and focus the destination simply cannot be reached.

3. Concentration - concentration at its best is a healthy obsession, where the individual is relentlessly focused on their goal. Their mind is unwavering in its focus and such a mind never fails. This is the attitude you need to succeed.

4. Application - without application of knowledge, knowledge simply becomes a burden. It is not enough to know what needs to be done, in the end only action counts. A mind that is intensely focused on the destination is propelled into action.

5. Power - knowledge plus application equals personal power. This is the key that unlocks the discipline dilemma; it is the key to success. This personal power is not power over anyone else; it is self-mastery, which gives rise only to self-control and pure desires.